

Lime Grove

Dental Health & Wellbeing

NEWSLETTER

October 2026

Stoptober

Individuals who smoke or vape face an increased risk of various dental issues, including gum disease, tooth loss, complications following tooth extraction, as well as a heightened likelihood of developing oral cancer. Additionally, they are more prone to infections and typically experience slower healing compared to non-smokers and non-vapers.

Stoptober is the perfect time to make a change. Providing resources and a community of support to help people who want to stop smoking and vaping.



Now offering facial massages

Please inquire with reception for more details.

No more gloopy impressions

If you've been in for a crown recently you may have noticed we have a new piece of equipment, our intra-oral scanner!

Instead of a sticky mouthful of impression material that can sometimes make you gag, we can take a digital 3D scan of your teeth that appears in real time on the screen.

Using the 3D model we can have a closer look at your teeth and gums and monitor any areas in closer detail.



www.limegrovedental.co.uk



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